

SAFETY ALERT



DEPARTMENT OF THE ARMY
HEADQUARTERS III CORPS AND FORT HOOD
FORT HOOD, TEXAS 76544-5056



AFZF-GA-SAFE

11 August 2002

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Physical Training/Running Safety -- Safety Alert 02-09

1. Running routes are designated on the installations to provide units/soldiers safe places to run during PT. Installation regulations and unit SOPs should identify running areas and address protective measures associated with running on roads. Although the information below specifically applies to Fort Hood units, I want to share it across the Corps so that everyone benefits.
2. Small unit formations were recently observed on Fort Hood running on unauthorized roads where fast-moving traffic presented a hazard. Additionally, soldiers in these formations were not wearing reflective vests, nor using road guards to cross roads. III Corps and FH Reg. 350-1 is currently under revision to update existing running route guidance and outline the following authorized Fort Hood running routes and safety requirements:
 - a. Units located east of Hood Road run on Battalion Avenue between vicinity Red Bud Street and Hood Road. Hood Road and Red Bud Street are not used for turn around points.
 - b. Units located west of Hood Road run on Battalion Avenue between Hood Road and Clear Creek Road. Hood Road and Clear Creek Road are not used for turn around points.
 - c. Units located on Support Avenue run on Support Avenue and 52d Street to 72d Street and will not run across or turn onto 72d Street.
 - d. Units on West Fort Hood may use any roadway, except Clarke Road or any roadway where the posted speed limit exceeds 30 MPH.
 - e. Units on North Fort Hood may use any roadway, except East and West Range Roads, Highway 36, or any roadway where the posted speed limit exceeds 30 MPH.
 - f. Military/civilian personnel conducting PT/running on Fort Hood roads must wear reflective vests.
 - g. Road guards must be posted when formations cross roads or intersections.
3. I expect NCOs to employ effective risk assessments to ensure that their soldiers are conducting PT in a safe environment. That is leadership business! We cannot afford to have one of our great soldiers injured during PT that was conducted in an unsafe manner. Physical Training is basic to our readiness business.

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B. B. BELL
Lieutenant General, USA
Commanding

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